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We've worked to clear up some misconceptions about the information on the blog, so click here for more information about that!

Man isn't God. Man isn't smart enough to be God, and we need to respect God and all of God's creations.

Your three Spirit Guides aren't, weren't, will never be, and have never been human. They are Holy Spirits that were left for us by Christ. Click here for some more information!

Sin is in the intent.

Formulae

• It's very important not to overload yourself with too many formulae at once. Pick one (maybe two), do that formula, learn from it, let your body adjust, and then move on to more.

Healing Work

- You don't need any abilities to do the healing, but you do need to build your authority
 - The Daily Lifting and the Food/Water Purification formula are great places to start
 - You CANNOT doubt yourself while you're saying the formula.
- Always make sure to get permission before you do prayer work of any kind on another person!
- Never do healing before a scheduled surgery. Physical surgery interferes with the healing process and can cause negative side effects.
- It helps greatly if the subject is open to the healing
- You can only do a healing up to three times
- All disease and accidents have an emotional/psychological root to it that you can correct by using kinesiology and *Heal Your Body* by Louise Hay!

Past Life Traumas

• We touched upon past life traumas this week again, so click here for a refresher!!

Animals

- Animals get to choose their paths to some extent
- They come back from past lives into present to come back with you
- Animals (except for being bound through black magic and extreme tragedy) always go into the Light
- Animals also have lessons to learn
- Invasions of critters (ants, spiders, roaches) can be a message to you from the Legion of Pan. Nature gives you messages via totems (check *Animal Speak* if you're unsure of the meanings) if you're open and aware. You make the statement to the Legion of Pan that you understand the message, thank them for the message, and

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then ask the appropriate Deva to remove them from your home in the name of Jesus Christ.

- o If they stay after being warned to leave, it's okay to send them into the Light
- All animals have consciousness, but all creatures have a purpose and a role in the circle of life *cue *The Lion King* theme song*

Gardens

• Offer 20% of your garden to the Legion of Pan, and in return, the Legion of Pan will protect your crops and do what they can to help them grow and flourish.

Illnesses

- Illnesses occur because of what we don't deal with in our heads
- It comes out in our bodies, and *Heal Your Body* gives great insight into it

Vexations

Here's a refresher for how to get rid of your vexations!

Soul-Level Forgiveness

- Acknowledge the person in question as a creation of God in their most perfect state of being (not for who they are or what they've done) and forgive them as a creation of God that went askew.
- You don't have to forgive them for anything they did/didn't do.
- This helps you not take it personally
 - o NOTHING is personal

Solar Plexus Aches

- Your solar plexus is God's sounding board in your body
- You can use kinesiology to ask questions to check to see who or what is causing the discomfort

TIMELINES

- A nexus point, which can be connected to other nexus points, will present a decision that needs to be made. Depending on the decision that is made, you can go on an entirely new timeline
- Things can shift minutely, maybe something that you remembered on the old timeline doesn't happen on the new timeline.
- Time isn't linear, but rather a big bunch of wibbly-wobbly, timey-wimey *stuff*.

Vengeful God vs. Loving God

- The Old Testament is full of biblical laws, and getting mankind structured through the rabbis of that time. It wasn't 100% done by God, it was interpretations
 - There were more than 10 commandments, but they got narrowed down
- There was some harshness that came as a result of a falling away of some aspects of God. To Carol's understanding, that has been corrected.