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If you ever try to put your hand on a table and it goes through the table, you have passed and you should ask for the Light!

Attachments/Spirits

- People can attach to other people, objects, etc. when they pass
- It's best not to be too dependent or attached to anyone or anything
- It's best to say the lifting on a daily basis to ensure that you don't have other souls attached to you
- People who are sensitive are more likely to be "bothered" by spirits
 - o They may want to get a message across, get help, give you a hard time, etc.
 - o It's our responsibility to get them into the Light
 - We do this using the Lifting
 - If an emergency, you can ask the Band of Mercy to remove them in the name of Jesus Christ and they'll take care of it

Manifesting

- Manifestations need to be spoken aloud
- Ask that it come with no harm to yourself or anyone involved, and that it be to the highest good for yourself and everyone involved

Eggs and Bubbles

- Silver mirrored eggs are great protections
 - o Mirrored on the outside and filled with White Light
- You can ask for an egg of white light to be placed around you
 - o You can walk into a crowded room and people will notice you
- You can ask to be placed in a subdued golden bubble (not shimmery gold)
 - o You'll walk into the same crowded room and no one will notice you
 - o It doesn't make you invisible, but people will sort of ignore you
 - You can also put golden bubbles around people who are going to hurt themselves

Getting Along with Family

- Stay out of their business
- Don't give them too much information about your business
 - o That way they don't have anything to come back on you with
- Don't give them advice. If they ask for it, understand that they may not take it.
- Respect their right to be wrong (in your eyes) and to make bad/poor choices.
- Don't be afraid to say the word "no"!
 - o You have to mean it!
 - o You can't feel guilty- you have to make the decision to enforce your "no"

Boundaries

- In order to be healthy and whole human beings, we have to have boundaries
- Not having boundaries enables people, which causes them more harm than good

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- Boundaries include setting hours in which it's okay to call, requiring that they call before they visit, etc.
 - o You have to set these boundaries and enforce them consistently

Guilt vs. Conscience

- Guilt is from the dark side, conscience is from God
- Guilt manipulates, haunts, and vexes you

Revenge

- It doesn't do much for the other person but it will absolutely eat your lunch
- You can ask for Divine Spirits of Justice to intercede for you in whatever ways are deemed appropriate in the name of Jesus Christ

Jealousy

- You can ask Archangel Michael to remove any demons of jealousy
 - I would please ask Archangel Michael and his legions to remove any demons of jealousy from you in the name of Jesus Christ and place them into appropriate protected sanctuary and I thank thee
- You can ask Archangel Michael to work with you to help remove specific fears; all negative emotions (jealousy, anger, revenge) stem from fear

The Dark Side

- Guilt, fear, and negativity is all from the dark side
- They'll tell you to drive your car off a bridge, into a tree, etc.
- They'll tell you to commit suicide, and if you do it, you can be bound into dark service
- If they put negative thoughts in your head, command them to leave in the name of Jesus Christ
 - o Take your authority, be firm, and be strong

Suicide

- Suicide of all kinds, including assisted suicide, breaks the spiritual law of selfmurder
- Medically-assisted suicides don't end any pain or suffering
- You can refuse treatment, or refuse to eat, but you can't take medicine
- For more information about suicide, please click here

Dreams/Visitations

- If you have dreams of someone that you don't want to see, you've got options
 - You can ask the Divine Spirits to remove those dreams
 - o You can program yourself so that, if they appear in the dream, you say "no"
 - You can visualize them standing in front of you, then visualize yourself slamming a heavy metal garage door between the two of you
- If you have dreams of a loved one who has passed on, there are a couple of possibilities

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- o If they look healthy and radiant, they're in the Light. This is a visitation.
- o If they don't look well, they're asking for help, or if you just feel off, then they're stuck in the Outer Darkness and you should pray them into the Light.

Sacred Geometry

- Absolutely everything is based in sacred geometry
- It's the foundation for everything
- Mandelbrot's set is called the "thumbprint of God"