

Protections

Carnelian

- When worn as a solid band around the middle finger of the left hand, or as a bracelet worn bead-to-bead around the left wrist, carnelian protects you from losing your energy to people who drain you (psychic vampires).
- Carol calls this her “Wal-Mart” bracelet, as it allows sensitive people to go out in crowds without feeling drained and exhausted after.
- When worn with obsidian, it creates a synergy that is a stronger protection against energy loss

The Cross

- Must be silver, wooden, or iron
 - Silver, due to the thirty pieces of silver given to Judas to betray Jesus
 - Wooden, due to the wooden cross Jesus was crucified on
 - Can even be made out of popsicle sticks
 - Iron, due to the nails that affixed Jesus to the Cross
- The Cross symbolizes Jesus’ defeat of Hell, Satan, and the demonic and thus provides protection from the demonic

Pentagram (5-sided star)

- This is not a symbol of the occult; witches wear them for protection. The pentagram predates witchcraft.
 - It is imperative that it is worn with one point up and two points down, as this represents God over Satan.
 - Wearing it with two points up and one point down represents Satan over God, and is equivalent to wearing a cross upside down.
- The pentagram was given to King Solomon by Archangel Raphael to give him absolute authority over the demonic. This symbol predates Jesus and the cross, so it offers similar protection.
- Wearing the pentagram (must be silver) with a cross offers extra protection against the demonic.

Salt Baths

- ½ cup of iodized table salt in bath water
- Soak for as long as you feel is needed, and dunk your head under at least once
 - Ladies, feel free to use a washcloth around your head to avoid getting your hair wet. Just be sure that you cover all of your head.
- Not only will the salt bath cleanse your aura and help you de-stress and relax, it will provide protection against the demonic.
 - Can be useful if your dreams feel particularly dark.
- If you experience demonic attacks while in dream state, you **MUST** command them to leave in the name of Jesus Christ. You’ll find yourself able to do so in dream state, but it can be useful to prepare yourself before bed by saying “if I have a demonic dream, I will command it out in the name of Jesus Christ.”

Shaddai

- Six-pointed star, consisting of a right side up triangle placed on top of a downward facing triangle.
 - Don't wear a Shaddai with the downward facing triangle outward, as this is inviting a demonic attack
- Can be drawn on a piece of paper, tattooed, silver... Any medium is effective with the Shaddai. It is the shape that conveys the protection.
- Offers protection against negative universal entities.