

Making Holy Water

To make holy water, first add five pinches of iodized salt to four ounces of water and bless the water in the following manner. Hold your right hand over the salt water and place your left hand on top of your right hand. Envision the White Light of Christ coming from above, flowing through both of your hands, and empowering the water as you say:

I purify, sanctify and make holy this water, and empower this Holy Water against all evil and all negativity in the name of the Father, the Son, and the Holy Spirit, and in the name of Jesus Christ.