

Basic Healing Formula

This is a healing prayer so remember to use the appropriate hand placement! When healing yourself, cup your palms and face them slightly inward. When healing another person who is out of reach, cup your palms and face them outward. When healing another person who is within reach, place your right hand on the affected area and your left hand facing up and out. Remember that, as a general rule, you shouldn't do more than one healing prayer on a person a day.

Energy and consciousness of injury, pain, and trauma, I call thee forth through the power of the blood of Jesus Christ, come forth.

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I release thee and unbind thee, turn thee from negative to positive and reprogram thee to heal, rebalance, and to restore all that has been damaged. I infuse thee with the White Light of Christ, through the power of the Blood of Jesus Christ.

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Heal and be whole in the name of Jesus Christ.