Movies

- People sometimes look at movies as being sheer entertainment, not a means of sending a message
 - o *Ghost* and *What Dreams May Come* both have accurate information, but they're not always viewed as such

Suicide

- Suicide is NOT a mental illness (Part One 2:00-4:00)
 - When you have a parent commit suicide, you get a legacy of suicide that you have to fight to overcome
 - You're not your parent, and you can change your own programming
 - For Carol's personal experiences with suicide, listen from 5:00-7:00
 - Presenting it as a mental illness shows that you'll inherit it and there's no way out
 - That suggests that it's in your DNA and you're condemned to commit suicide as well
 - o It's a highly dangerous theory
- Factors that can contribute to depression that leads to suicide
 - Chemicals
 - Food allergies
 - o Really bad programming from childhood
 - Bullying
 - Low self-esteem
 - o Painful mental, physical, emotional ordeals
 - Voices in your head that tell the person to end it/kill themselves
- If you have a legacy of suicide, you can remove it using the following prayer.
 - I would please ask Archangel Michael and his legions to remove any demons of suicide and the legacy of suicide from myself and my family (or the name and address of the person you have permission to pray for) now and place them into appropriate protected sanctuary in the name of Jesus Christ and I thank thee.
- Suicide is a sin, and you become Earthbound until it's your "time" to go, or until a loved one prays you into the Light
 - The sin is self-murder
 - o If they think "I want to die" or "I want to kill myself", that's intent and that makes it a sin.
 - o Even medically assisted suicides are self-murder
 - They bind themselves and they end up in pain
 - Part One, 15:00-16:00
 - o If they don't go into the Light, they can reincarnate from the Outer Darkness
 - Suicidal thoughts will kick in around the time when they committed suicide in their previous lifetime
 - If they were 24, the thoughts would kick in at 24
 - If they were 15, the thoughts would kick in at 15

- o If they don't go into the Light, they can stay and influence others to commit suicide in a similar fashion.
 - All of the people who commit suicide will be bound there
 - Part One, 21:00-25:00
- Refusing to accept medical treatment, or refusing to eat because you're in pain doesn't constitute suicide.
 - That's death by natural causes
- Putting animals down isn't an issue.
 - Animals all go directly into the light, but they can come back for a period of about two months to help you get past losing them
 - If you get a new animal in that time frame, the deceased dog will train the new dog how to do all of the things you love
 - Animals will also come back to help their pack with the grieving process
 - Wolves and elephants grieve very ritualistically

Soul Groups

- When a tragedy occurs and a large amount of people die in a similar fashion because of unlearned lessons, they'll reincarnate in similar groups
 - Holocaust is a great example
- Reasons and situations vary, but we go through tragedies together in order to overcome them

Crystal Skulls

- Most aren't authentic
 - A lot of mythology
 - o Take all the stories with a grain of salt
 - Especially what's on TV and the Internet
 - o If you get a bad vibe, walk away
- Carol worked with one in San Francisco when she was in her 20s
 - Knowledge was placed into the skull
 - She got images of Mayan culture and chanting
 - o It affected her in a positive way

Positive Attitude

- It's important to keep a positive attitude and a positive mindset
- When things happen and you just can't get in a positive mindset, it can be helpful to give yourself 30 minutes to be not so positive.
 - After the 30 minutes is up, tell yourself "I can't change this situation, I can't fix the world, I can't fix other people, I can only fix myself."
 - o Then you psych yourself into being in a good mood in the now.
- Keep aware of the truth and of the news, but don't get sucked into the dramatization and what is spun out of context
 - Learn to discern truths

Ley Lines and Odic Force (Part One, 34:00-

- The Earth is its own body, Gaia, with bloodlines (filled with water) and chakras
 - o Ley lines are water lines on the Earth
 - When they intersect, they create power points called vortices
 - A vortex is a place where energy is released
 - o Mount Albán in Oaxaca, Mexico is an example
 - o Carol has 5 springs under the Center
 - Part One 45:00-48:00
 - Hot Springs is a major power point
 - o Hell's Half-Acre is a powerful one
 - Vortices open and contract
 - They will magnify the power of manifestation and prayer
 - Negative activity and worship can cause negative, unnatural vortices to be formed
 - Consult Vortex E-on Jah for assistance if there is one on your property
- Crystals have an immense amount of power, as well
 - o Humans have tiny, tiny crystals in our pineal and pituitary glands.
 - Calcification of these glands is a big problem Parkinson's disease
 - See Programming Your Crystals for more information
- Odic force is your blood
 - It carries your life force
 - Which is why people used to do blood rituals and sacrifices involving the human heart
 - If you're mediumistic or highly sensitive, then it's important to eat a rare or medium rare steak once a week to keep your energy levels up
 - If you believe that what you're doing, consuming, or eating is harmful, then it will be harmful. If you believe that it's good, then it will be good.
 - Genetic issues can cause issues with food, so this is excluding those issues
 - Vegetables have consciousness, too. So eating raw veggies is eating them alive.
 - For more information about Od and the Odic Force, consult Communication with the Spirit World of God by Johannes Greber

Kinesiology

• Kinesiology was discussed in part one from 56:00 to 1:06:00, but more information can be found here

Accidents

- There are no coincidences, and there's an underlying root.
- According to Heal Your Body, accidents are an inability to speak up for yourself, rebellion against authority, belief in violence

• If you get a cold, you've over-burdened yourself and weakened your immune system and you need down time

Lessons

- There is a reason for EVERYTHING... It's our lessons!
- We're always in school!
 - We forget this because we get bogged down in the material
 - We're not here to save the world, spread the world of our truth, or fix other people. We're here to be an example to others. If you get to a place that you can genuinely help others by using your talents, that's awesome. But work on yourself first.
 - We're spiritual beings in a material world, and we forget this.
- Be true to yourself, and don't sacrifice yourself for others
- Sometimes we come in with problems so that we can learn our lessons
- We choose our parents coming in, which means that they can be our biggest teachers
- We choose our lessons, how we present ourselves, and our parents unless we incarnate from the Outer Darkness
 - o If this happens, you take what you can get.
 - o It makes it very difficult during that lifetime
 - o You'll do it over and over and over until you go into the Light

Going into the Light

- It's a fresh start
- It cleanses you of old baggage, allows you to see what you need to see to learn, and it helps you to choose the right people for your next incarnation
- The Dark Side doesn't want us to go into the Light
 - o They tell us we'll be judged, we'll be sent to hell, that we're born of sin
 - They want us to be afraid of dying and of judgment, and of what the afterlife may or may not be
 - Knowledge is POWER
- Our guides and angels aren't available to us in the Outer Darkness
- Your heaven will be what you imagine heaven to be like
 - It's sort of like Earth. There are different cultures, different belief systems, that sort of thing. They will, once they move past their belief systems, ultimately come into truth (if they choose to)
 - Each planet has its own dimensions, so you don't want to be an astronaut and die on another planet
- ANYONE can go into the Light, but you have to choose to go into the Light
 - o Our ultimate goal should be to help people get into the Light

Spirit Guides

- Every human has 3 spirit guides, at a minimum, who are the Holy Spirits
- You can have more according to your path in life and how many people you affect

- From Part Two, 2:30-6:30, Carol discusses seeing her guides and how to see other guides
- You can earn higher guides over incarnations by spiritually evolving, learning, and growing
 - They teach us at the appropriate level for soul growth, in terms that you'll understand

Hell

- Hell is separation from God. This can be on Earth or in the afterlife
- There is a place where the demonic reside. Those who are bound to the dark side can also reside there as well.
- You do not get "sent" to hell, but you can bind yourself there.