

5.16.2014 New Age Christian Church/Carol Pate Psychic Center Meeting

Auras (the majority of part one)

- Everyone has an aura, and once you learn how to accurately read an aura, you can tell a lot about the character of the person you're dealing with.
 - As such, there is a great deal of misinformation meant to misguide and mislead you
- Aura color comes from the energy generated by the chakras. When working properly, the base should be white with colors around the person according to what is going on around them.
 - All colors should be pastels in chakras and auras
 - Think Easter, soft, baby colors or watercolors
 - Chakras are the circuit breakers within your nervous system.
 - When there is trauma, the breaker shuts down
 - The more shut down the chakras are, the murkier the color of the aura
 - Murky, muddy colors are always negative
 - The stronger the brown tinge, the stronger the problem
- As you grow, learn, and evolve your aura will change
- When people are attracted to each others, their auras kiss
- Color is universal!
 - The chakras have their own individual color, and flowers and stones that correspond with a specific color work on that specific chakra.
 - You can affect change by wearing colors
 - Kirlian cameras can capture auras and colors
- Unusual aura colors and situations
 - Peach denotes anxiety
 - Pink indicates being in love
 - Dark blue indicates depression
 - Turquoise indicates the beginnings of depression.
 - Lavender auras indicate someone who has changed patterns to evade imminent death (see aura link below)
 - Breaks in the aura indicate illness
 - Illnesses also have a specific vibration and smell, which is part of why dogs pick up on illness.
 - Death also has a particular smell
- How to see auras (fluorescent lights make it easier)
 - Seeing other peoples' auras
 - Let your eyes go blurry, squint, and/or take your glasses off
 - Look a little past the person
 - It helps to look at someone against a solid background
 - You'll see a light around the body that's lighter than the background
 - Seeing nature auras
 - If you look at a tree line and see a lighter patch at the top of the trees, that's their aura
 - Seeing your own aura
 - Stand against a solid, plain colored wall and look in the mirror
 - You can also see your aura in your hands, but this takes more practice

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- Seeing Attachments
 - You can also see spirit attachments in the same way, they'll attach in at the base of the skull/neck region.
 - They're parasitic, and they're going for the brain cortex.
 - More attachments cause people to have worse posture.
 - You can have attachments anywhere from your heart chakra to the base of your skull
 - Nature spirits tend to attach on your back
 - Attachment colors
 - They'll look like grey blobs.
 - Murky red denotes demonic
 - Murky yellow, mucus-y looking things are negative
- Ways to "up" your energy level
 - "Fluffing" your aura
 - Cup your hands and ensure that your fingers are as close as possible
 - The idea here is to create a barrier with your hands, so pretend like you're trying to hold water in your hands
 - Starting a few inches below your solar plexus, bring your hands up your whole body and over your head. Once one hand has finished the motion, begin with the other hand, so that the motion is being done continuously.
 - Repeat several times with each hand until you feel your energy lift.
 - Once you feel a tingling at the top of your head, your energy is where it needs to be
 - Crystal grids
 - Double terminated (points on both ends) crystals that have been soaked in salt water are used, with any sized crystals
 - Crystals can be negative and you need to cleanse them
 - They are placed on the floor around you, with points facing inwards, to bring energy to the individual
 - Place a crystal at every point on the clock (12:00, 1:00, 2:00, 3:00...all the way around the clock), or North/East/South/West
 - Your head should be at 12:00 or North
 - Eat a steak, cooked rare or medium rare
 - A wonderful source of Od
 - For those who have qualms about eating meat: plants are just as alive as animals are, except that when you eat raw plants, you're eating them alive.
- More information can be found [here](#)

Odic Force

- The Odic force is your life force
- It's contained in your blood
- More information about the Odic Force is located in *Communication with the Spirit World of God* by Johannes Greber

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Is it necessary to visualize grounding?

- “Can’t hurt!” - Carol

Cleansing with Salt

- For antiques and pieces that carry negative energy, use a mixture of iodized table salt and water and soak the item for at least 24 hours.
- If it’s an item you can’t soak in salt water, the lifting will work to cleanse negative energies.

Quartz Programming

- Marcel Vogel utilized programming of crystal to scientifically alter the taste of wine.
- Quartz crystals can be programmed to do a variety of things, and anyone can program crystals
 - The lattice inside of a crystal can hold an extremely large amount of information
 - They can magnify energy (both positive and negative, so be sure to specify only positive), draw pain out of an area, bring healing to an area, store information, etc.
 - It is important to note that only single pieces of crystal, rather than clusters can be programmed
- Before you program your crystals, it’s important to cleanse the crystals of any residue or negativity.
 - To do this, combine iodized table salt and water in a bowl large enough for the crystal to be completely submerged. Leave your crystals to soak at least 24 hours, or longer if desired
- To program the crystal:
 - Hold your stone in your right hand
 - While holding the stone, visualize God’s pure love filling your body as you breathe in deeply
 - Once your lungs are full, bring the intention of your programming to the front of your mind
 - Whether it be healing, removing pain, bringing good luck, magnifying positive energy, or storing information, concentrate fully on this intention and exhale sharply through your nose
 - Your crystal is now programmed!
 - To reprogram a crystal, clear it with salt and reprogram it.
- You can also rub smooth crystals together to make them glow